





NON-THERMAL PROCESSINF OF MILK AND DAIRY PRODUCTS

Tansu Taspinar*, Mehmet Guven

Cukurova University, Faculty of Agriculture, Food Engineering Department,

Adana/TURKEY

*ttaspinar@cu.edu.tr

Increasing Consumer Expectation



Consumers Crave for Food



Thermal Processing Technology



Effective Killing of Microorganisms



Inactivating Active Enzymes



Undesirable Physical or Chemical Changes



High Energy Consumption

More Pollution Emissions

Ultrasound Technology





Advantages

- Low running cost
- Energy efficient
- Environment friendly
- Improved mass transfer
- Limited chemical changes
- Non-thermal process with numerous applications

Limitations

- Apprehension regarding health effects of free radicals formed
- Equipment for industrial scale processing is not yet available
- Some food products develop off flavors/physicochemical defects

High Pressure Processing





Reducing the microbial load at low temperatures

No significant reductions in the amounst of vitamins, amino acids, fatty acids, simple sugars, and flavoring compounds





- Improved shelf life
- Less thermal degradation
- Ability to manipulate the texture
- Non-thermal microbial destruction
- Ability to handle both particulate and liquid foods
- Homogeneity of treatment independent of mass and time
- Clean technology, flexible system for number of products and operation
- Ability to retain the freshness in flavor and nutrient content without using preservatives or other additives



Limitations

- Requirement of water for compression
- Pressure-induced denaturation of proteins
- Initial investment and maintenance costs are high
- Unavailability of industrial equipment for massive processing
- Destruction of spores is not ensured without thermal treatment







- Fast process
- Energy efficient technology
- Efficient antimicrobial action
- Limited structural changes
- Resource efficient technology
- Environmentally safe technology
- No damage to the quality of food products
- Sensory quality of the products are preserved



- High cost
- Surface treatment with limited penetration depth
- Accelerated lipid oxidation in high fat products
- Difficulty to effectively treat foods having a rough or irregular surface
- Volume, size and shape of food determines the efficiency of treatment

Supercritical Carbon Dioxide (SC-CO₂) Technology



Carbon dioxide (CO₂) Inert Non-corrosive Fireproof Nontoxic Easy Availabilite Low Price Safe for Consumption High Solubile Moderate Diffusivie Low Viscosity Values Residual CO₂ After Processing can be Effortlessly Removed



- No thermal degradation
- Short processing time
- Environment friendly
- Easy removal of residual CO₂
- The fluids used are inexpensive
- High selectivity for extraction and fractionation
- Oxidation prevented due to lack of oxygen in system
- Low viscosity, high diffusion and lack of surface tension ensure increased penetration of the supercritical fluid



- Real-time control is difficult
- High initial investment required
- Requires trained staff to reduce safety risk
- Changes in phase diagram, making it complicated to predict processing conditions



(Abbas Syed et al., 2021; Han et al., 2020; Scudino et al., 2020; Soni et al., 2021)



- Cold process
- Extended shelf life
- Environment friendly
- Effective in microbial destruction and disinfestation
- Reduced need of preservatives
- Due to high penetration depth, irradiation can be used for even packed foods
- Reduced risk of migration of pests across the borders through gricultural produce



- Negative consumer perception
- High capital investment required
- Not all foods are suitable for irradiation
- Apprehensions regarding radiolytic products and free radicals formed
- Some loss of nutrients like vitamins and minerals

Pulsed Electric Field Processing





(Mosqueda-Melgar et al., 2008; Sharma et al., 2014; Soni et al., 2021)

Inactivate microorganisms



Enhance brining and marinating

Degrade pesticide residues

Speed up drying process

(Mosqueda-Melgar et al., 2008; Sharma et al., 2014; Soni et al., 2021)



- Reduced fouling
- Less treatment time
- Minimal processing
- No chemical reactions
- Enhanced mass transfer
- Color, flavor, and nutritional retention
- Applicable as batch or continuous process



- Cannot inactivate enzymes
- High initial investment required
- Not very effective against spores
- Presence of bubbles reduces the efficiency
- Treatment is applicable only to specific food types

CONCLUSION

Microbial safety and retention of nutritional compounds are two parallel and essential requirements for consumer acceptability and safety. Nutritional compounds can be significantly retained by reducing thermal exposure so novel technologies in the food industry can produce food products with minimal changes in quality characteristics. Also combining more than one technology to impart physiological stress on the microbial contaminants leading to the better desired level of reduction in numbers. The use of these processes is expected to have a rising trend as an alternative or complementary technology to conventional thermal processes by conducting further research to identify the benefits and limitations of these processes.

Finally, in an economic perspective, feasibility studies of the process in order to enable the implementation of this technology at industrial scale are also welcome and compulsory.

THANK YOU FOR YOUR ATTENTION



REFERENCES

- Abbas Syed, Q., Hassan, A., Sharif, S., Ishaq, A., Saeed, F., Afzaal, M., Hussain, M., & Anjum, F. M. (2021). Structural and functional properties of milk proteins as affected by heating, high pressure, Gamma and ultraviolet irradiation: a review. *International Journal of Food Properties*, 24(1), 871–884. https://doi.org/10.1080/10942912.2021.1937209
- Amaral, G. V., Silva, E. K., Cavalcanti, R. N., Cappato, L. P., Guimaraes, J. T., Alvarenga, V. O., Esmerino, E. A., Portela, J. B., Sant' Ana, A. S., Freitas, M. Q., Silva, M. C., Raices, R. S. L., Meireles, M. A. A., & Cruz, A. G. (2017). Dairy processing using supercritical carbon dioxide technology: Theoretical fundamentals, quality and safety aspects. *Trends in Food Science and Technology*, 64, 94–101. https://doi.org/10.1016/j.tifs.2017.04.004
- Belletti, N., Gatti, M., Bottari, B., Neviani, E., Tabanelli, G., & Gardini, F. (2009). The size of native milk fat globules affects physico-chemical and sensory properties. *Journal of Food Protection*, 72(10), 2162–2169. https://doi.org/10.1051/lait
- Coutinho, N. M., Silveira, M. R., Rocha, R. S., Moraes, J., Ferreira, M. V. S., Pimentel, T. C., Freitas, M. Q., Silva, M. C., Raices, R. S. L., Ranadheera, C. S., Borges, F. O., Mathias, S. P., Fernandes, F. A. N., Rodrigues, S., & Cruz, A. G. (2018). Cold plasma processing of milk and dairy products. *Trends in Food Science and Technology*, 74(October 2017), 56–68. https://doi.org/10.1016/j.tifs.2018.02.008
- Deotale, S. M., Dutta, S., Moses, J. A., & Anandharamakrishnan, C. (2021). Advances in Supercritical Carbon dioxide Assisted Sterilization of Biological Matrices. In *Innovative Food Processing Technologies*. Elsevier. https://doi.org/10.1016/b978-0-08-100596-5.22932-6
- Han, T., Wang, M., Wang, Y., & Tang, L. (2020). Effects of high-pressure homogenization and ultrasonic treatment on the structure and characteristics of casein. *Lwt*, 130(February), 109560. https://doi.org/10.1016/j.lwt.2020.109560
- Kasih, T. P., Mangindaan, D., Ningrum, A. S., Sebastian, C., & Widyaningrum, D. (2021). Bacterial inactivation by using non thermal argon plasma jet and its application study for non thermal raw milk processing. *IOP Conference Series: Earth and Environmental Science*, 794(1). https://doi.org/10.1088/1755-1315/794/1/012104
- Lee, S. H. I., Cappato, L. P., Guimarães, J. T., Balthazar, C. F., Rocha, R. S., Franco, L. T., da Cruz, A. G., Corassin, C. H., & de Oliveira, C. A. F. (2019). Listeria monocytogenes in milk: Occurrence and recent advances in methods for inactivation. In *Beverages* (Vol. 5, Issue 1). https://doi.org/10.3390/beverages5010014
- Li, Y., Zheng, Z., Zhu, S., Ramaswamy, H. S., & Yu, Y. (2020). Effect of low-temperature-high-pressure treatment on the reduction of escherichia coli in milk. *Foods*, 9(12), 1–14. https://doi.org/10.3390/foods9121742

REFERENCES

- Mosqueda-Melgar, J., Elez-Martínez, P., Raybaudi-Massilia, R. M., & Martín-Belloso, O. (2008). Effects of pulsed electric fields on pathogenic microorganisms of major concern in fluid foods: A review. *Critical Reviews in Food Science and Nutrition*, 48(8), 747–759. https://doi.org/10.1080/10408390701691000
- Ravash, N., Peighambardoust, S. H., Soltanzadeh, M., Pateiro, M., & Lorenzo, J. M. (2020). Impact of high-pressure treatment on casein micelles, whey proteins, fat globules and enzymes activity in dairy products: a review. *Critical Reviews in Food Science and Nutrition*, 0(0), 1–21. https://doi.org/10.1080/10408398.2020.1860899
- Scudino, H., Silva, E. K., Gomes, A., Guimarães, J. T., Cunha, R. L., Sant'Ana, A. S., Meireles, M. A. A., & Cruz, A. G. (2020). Ultrasound stabilization of raw milk: Microbial and enzymatic inactivation, physicochemical properties and kinetic stability. *Ultrasonics Sonochemistry*, 67(September 2019), 105185. https://doi.org/10.1016/j.ultsonch.2020.105185
- Sharma, P., Oey, I., & Everett, D. W. (2014). Effect of pulsed electric field processing on the functional properties of bovine milk. *Trends in Food Science and Technology*, 35(2), 87–101. https://doi.org/10.1016/j.tifs.2013.11.004
- Soni, A., Samuelsson, L. M., Loveday, S. M., & Gupta, T. B. (2021). Applications of novel processing technologies to enhance the safety and bioactivity of milk. *Comprehensive Reviews in Food Science and Food Safety*, 20(5), 4652–4677. https://doi.org/10.1111/1541-4337.12819
- Sousa, S. G., Delgadillo, I., & Saraiva, J. A. (2016). Human Milk Composition and Preservation: Evaluation of High-pressure Processing as a Nonthermal Pasteurization Technology. In Critical Reviews in Food Science and Nutrition (Vol. 56. Issue 1043-1060). 6. pp. https://doi.org/10.1080/10408398.2012.753402
- Wesolowska, A., Sinkiewicz-Darol, E., Barbarska, O., Bernatowicz-Lojko, U., Borszewska-Kornacka, M. K., & van Goudoever, J. B. (2019). Innovative techniques of processing human milk to preserve key components. *Nutrients*, *11*(5), 1–17. https://doi.org/10.3390/nu11051169
- Zhang, W., Liu, Y., Li, Z., Xu, S., Hettinga, K., & Zhou, P. (2021). Retaining bioactive proteins and extending shelf life of skim milk by microfiltration combined with Ultraviolet-C treatment. *Lwt*, *141*(December 2020), 110945. https://doi.org/10.1016/j.lwt.2021.110945